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CARRIER PRE-SORT

FREE

April 2, 1986 — April 16, 1986

Photo by Debi Effron.



New money
column for
our readers.

— Page 9

Center gets
insurance re-
prieve.

— Page 11

What's new
at school this
month.

— All Over

LETTERS

Safe Bridge

There were so many positive arguments for a safe bridge heard at the March 3rd meeting, I can't understand why people who write for newspapers can only quote negative views—from the negative people. 1. No more rods or sticks poking through the bridge grate as you are crossing the bridge, and cannot stop; 2. No more children or adults, getting knocked from their bikes and getting bones broken (or worse); 3. No more horses, dogs, kids or adults doing "shivering" acts as they "walk the plank" trying to cross without getting hit from cars and trucks passing 6-8" from you (on both sides); 4. No more wondering if I could get my three year old and my grandson, four, across on a 12" raised walk, with cars doing 45 on one side, and a drop to the river on the other side; 5. Wondering are the man and woman with a baby in the stroller and two small toddlers all still alive, as I've stopped the traffic for them as they have tried to push (carry and lead) their little family across that bridge; 6. No more wondering if I'll crack up, too, or wind up (as I did once) in the south right vacant area again when the car ahead suddenly came to a stop, shoved his left arm out the window for a turn onto De El Rio Rd., and waited for a north bound car to pass, (that was very exciting, and I was going slowly, too.) Shall I go on, or do you already know that's as bad a bridge as I've ever driven? The last bad wreck on that bridge in February tied traffic up for over an hour. As my boy and I waited on the north hill, traffic backed up in all directions. No fire truck could have passed to answer a call in Robles. That bridge was never intended to handle the foot and vehicle traffic of today. I lived in Robles in 1958 for a while. We had a swing in a big branch right over Esquiline Road about 100 yard from Rosie's! Not much traffic then.

Money is available this year for bridges in Monterey County. This bridge must be replaced in a matter of years anyway. Why shouldn't our people be as valuable as people in North or South County? That money is not going back to Washington D.C., and then to your pockets and don't be dumb enough to believe it is. It might go to Korea or to the Contras or to pay Marco's PX bill, but, personally, I would love my taxes to be spent for me—close to home for people's safety.

The new bridge would be dedicated to Rosie, and I'm sure he would have been pleased as punch about it. He loved children and would want them safe.

Yes, if traffic drove safer, we'd need no new bridge for a few years, maybe (though I'll debate this all night). We also would need no Highway Patrol, Sheriff or people killed by drunk and crazy drivers. If man were considerate of others there would be no need of jails, or laws, or no people on the bench or lawyers. We would need have no fear to take a walk alone at night (or daytime, either) or have use of locks on our doors and fear in our hearts. But if we face reality—and we must—man is not considerate, and does not drive safely and it will only get worse. Please let your voice be heard—you people of Robles del Rio. Write your Supervisor—call her—or go to her office in Monterey and see her. Tell her, "yes—I want to see my money work for me. I want a safe bridge for me and my children."

Fran Libby

Generous

We would like to take this opportunity to thank M.J. Murphy, Inc. for their generous donation of lumber and related materials to build the fence at the Carmel Valley Community Youth Center.

Our before-and-after-school program operates on rather an even basis financially and without their generous support we would have had to have had many community fundraising events, delaying our fence building project, completion and ultimate licensure.

Thanks to Murphy's, we have now obtained state licensure making liability insurance more obtainable.

The fence turned out beautifully (and thanks to Jim Whisler for the beautiful design and supervision of the building). We are in the process of having a plaque made dedicating the fence to M.J. Murphy, Inc. It is a contribution to the Carmel Valley community that will be around and enjoyed for many years to come.

Carmel Valley Parent's Association

Spoiled Rotten, Still Deprived

In an area where we have to justify our residency with bumper stickers that read "Native", we are so lucky to actually live here on the gorgeous Monterey Peninsula. We have everything from elegant bay front restaurants to quaint European shops. We're surrounded by valleys, hills, and forests, simultaneously blessed with the sun, sand, surf, and sea. What more could we ask for? With all this beauty, excitement and tranquility all at once, one can not help but become spoiled. And yet, inspite of us think-

ing we "have it all", we really do not; in fact, we are deprived.

Despite Monterey's many great treasures, one distinct characteristic is being overlooked—it's abundance of artists. Have you ever seen so many art galleries? But, why should art be confined within the walls of galleries and homes? Except for only a few pieces of public art here and there, there is virtually no art displayed on our streets and in our parks.

It's a wonder why, with all the local talent, there is not more art in public places. In Europe, for instance, public art is not only accepted, it is very much encouraged. Art, in Europe, is venerated an important aspect of life as it reflects the history, tragedies, revelations, and inspirations of mankind. Americans, too, appreciate art; but, perhaps because public art in Monterey is not as prolific as it is in many European cities, we are not aware of the lack. I suppose it's hard to know what's missing if it was never there!

But please, don't get offended when I say spoiled rotten. I am not referring to the typical spoiled rotten, good for nothing brat. Sure, we may sometimes forget how lucky we are, or maybe we pout because the last parking space

was taken by yet another camera-bearing, ice cream licking, T-shirt wearing clan, but overall I think we are aware of what we have and we try hard to preserve the natural beauty of Monterey and its cities. What other city, for example, requires a homeowner to have a permit in order to cut a branch off a tree as does Carmel?

I suggest we sympathize with our envious visitors. Let them call us spoiled, but they'll soon realize that we really do appreciate what we have and our goal is to protect it.

Still, amidst all this beauty and grandeur, there is something missing, and it's not, I can assure you, more souvenir shops. Instead, it's something that's being withheld from us. Personally, I'm tired of getting only a taste of the talent that's available here. I'm ready for a feast; because, after all, man, like nature, is uncontrollably creative and deliciously unpredictable!

Danielle Dufayet

OOPS

We put the wrong number in the ad for Suds and Scissors last issue. Please note the correct number in their ad in this issue.

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MEMORY LANE

The recent news that Church St. in Gilroy was flooded brought memories of floods in Stockton and the big earthquake of 1906 while we lived in Gilroy, also of people we've known through the years!

I stayed with my Grandma on school days in Stockton. My father (of abalone fame) ran "Oak Park," an amusement center outside of town. One day, the kids ran screaming out of the school yard, and as usual I was poking along, when I heard a strange noise. Turning, I saw a wall of water coming down the street. I rushed to my grandma. She was in her buggy waiting for me. She grabbed me and rushed to the hotel. Didn't have time to save her pet chickens, which floated away. We stayed at the hotel three weeks living on cheese and crackers.

A few years later, we moved to Gilroy where "Pop" owned the Central Hotel, it was right across the street from Hecker's Bank, who became a dear friend. Hecker's Pass was named after him.

Our home was on Church Street, right across from the little church on the corner. Mr. McMurray was the

minister and his son, Frederick, who studied violin in the east, later became the father of Fred McMurray of the movies.

When the earthquake (1906) came all us kids slept on our lawn 'til the earth stopped shaking. The Brownell's were there at the time. The Brownell School was named for them. Mr. Brownell stayed at pops hotel till he could find a place for him and his four sons. Three of the boys later moved to Monterey: Ray was an orthodontist, so was Harry, who helped start the Pebble Beach Development, Herb, ran a real estate business in Carmel Valley. Herb is the only one left and lives up north.

Mrs. Hecker, who was a fine violinist, and my mother, who was an opera singer, started the first Music Society in Gilroy; Young Frederick (McMurray) joined them in concerts.

We moved to Monterey in 1907.
V.S.

Editor's Note: These glimpses into the past are something we all enjoy. If others have something for our "Memory Lane" don't hesitate to share it.

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CON TENTS

Letters.....	page 2
Memories.....	page 3
News.....	page 4
Sheriff's Log.....	page 5
Fire Log.....	page 5
Entertainment.....	page 6
Meetings.....	page 7
Health.....	page 8
Finances.....	page 9
School.....	page 10
Community Center.....	page 11
Voices.....	page 12
Classifieds.....	page 12

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Carmel Valley Sun

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The Cover

No, this isn't a vision out of the past. It's a gathering of the GRAMPA club (Good Restored Model-A's, Peninsula Area), whose recent outing included a stop at the Iron Kettle Restaurant for breakfast.

Safe Rides For Teens Moves To CHOMP

Safe Rides, the student volunteer group which gives rides to teens who have been drinking or who are with drinking drivers, will have a new home at Community Hospital this month.

Volunteers from five local high schools will begin operations out of the Main Conference Room the weekend of April 4-5. For the last three years, the Safe Rides program has operated out of Carmel High School.

Using a special telephone line linked through the Carmel High School office and two-way radios, student volunteers answer calls from fellow students and respond in pairs to give them rides home. The students work in teams of five with an adult supervisor. Hours of operation of the service are from 10 p.m. to 1 a.m. Fridays and Saturdays when school is in session.

"When a student calls, the information is taken down and two students are dispatched with a two-way radio," said Safe Rides President Dee Myers.

"They stay in contact with the base through their radios as they pick up and drop off the student. Then they return."

Participating high schools include Robert Louis Stevenson, Carmel High School, Pacific Grove High School, Monterey High School, and York School, according to Myers. About 117 students and 47 adults are involved in the program, she added.

The group wanted to relocate to the hospital because radio transmission and reception would be better from the hilltop location and because they preferred to be in a facility open and staffed around-the-clock, Myers said.

Since the inception of the program as a means to cut drunk driving accidents, "student awareness has really been raised about drinking and driving," she added.

Teens needing a "Safe Ride" can call 625-HELP.

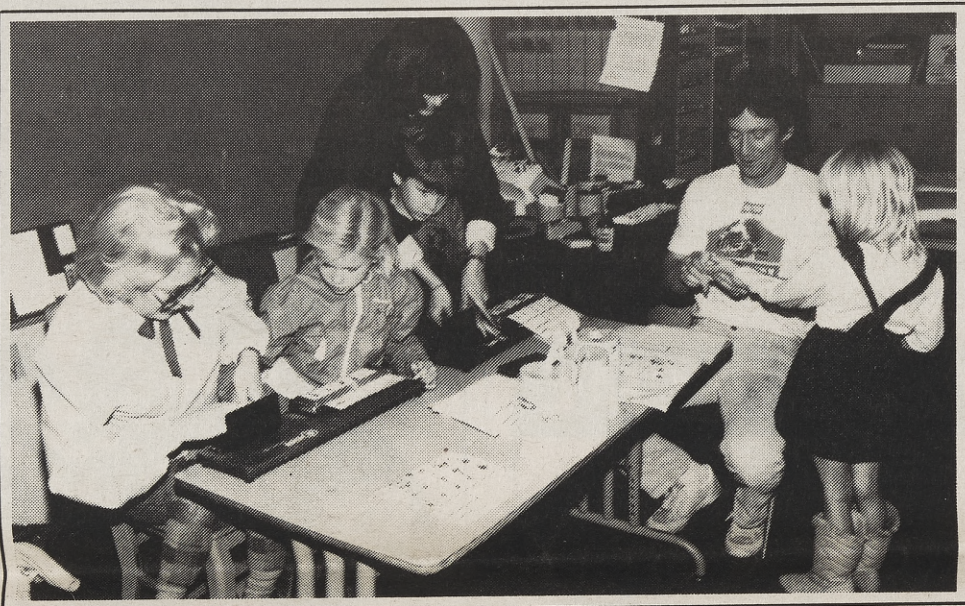


Photo by Debi Effron.

Embroiders Guild Will Meet

The Monterey Peninsula Chapter of the Embroiders' Guild of America, Inc., will hold their regular meeting at 9:30 a.m. on April 7 at the Community Room in the Crossroads.

The meeting will feature Gail and June Adams, who will present a lecture, slides and demonstration of traditional Ukrainian embroidery. Participants will need to bring supplies.

For more information call 375-7820 for more details.

Kiwanis To Sponsor "Spurs" Day

The eleven Kiwanis Clubs in the Monterey Bay area are sponsoring a day with the Salinas Spurs on Sunday, April 20. Prior to the scheduled double header, a "Baseball Clinic" will be conducted with children in the community who wish to improve their skills under the direction of the professional players. The Clinic will be held between 1 and 3 p.m. at the Salinas Municipal Stadium.

For more information call Dr. Steve Austin at 659-2793.

Fingerprint Time

Some, like these kindergarten students, were in awe when they recently had their fingerprints taken. The fingerprints, provided by the Carmel Unified School District, is to be used by the parents as a means of identification. Volunteers helping with the prints and clean-up included organizer, Sande Falahati, Laurie De Simone and Mike Jones. Getting their prints are Nichole McBride, Danny Rosenthal and Jennifer Root.

CVPOA Scheduled To Meet

The Carmel Valley Property Owners Association Board of Directors will meet Wednesday, April 9 at 7:30 p.m. at St. Dunstan's Episcopal Church on Robinson Canyon Road. The meeting is open to the public.

On the agenda are the Water Management District, land use, waste water and a discussion of the Don Juan Ranch.

Hearing Will Discuss Mountain Bikes At Garland

The board of directors of the Monterey Peninsula Regional Park District will hold a public hearing regarding the use of mountain bikes in Garland Park, their safety and compatibility with other park users. Interested park users are urged to attend.

The meeting is scheduled for 8 p.m., April 7 at the Carmel Valley Community Youth Center. For additional information call 659-4488.



Photo by Debi Effron.

The Search Pays Off

These smiling faces were the lucky finders of eggs containing a silver dollar at the annual Easter Egg Hunt sponsored by the Valley Volunteers. Pictured (l to r) are Jordan Preiser, Kristin DeMaria, Emily Campbell, Becka Green, and Kristine Tate. Not pictured from the two-year-old level are Michael Robert Visscher and Justin Myamoto.

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Sheriff's Log March 12-26

Mar. 12: Owner activated alarm on Village Dr.

Mar. 13: Alarm activated Laureles Grade; Homeowner reported suspicious person, felt he was casing his house; False alarm, M.J. Murphy; False alarm activated at Countrywide Crafts.

Mar. 14: Hide Park reported shoplifted items, 4 leather jackets, 4 leather skirts and 2 knit sweaters; Possible poacher reported, Hitchcock Canyon; County Bank & Trust alarm activated.

Mar. 15: Females held in custody at longs for shoplifting; Alarm activated, Los Laureles Grade;

Mar. 16: Carmel High girls locker room broken into, nothing taken; Stolen jewelry reported, Esquiline Rd.

Mar. 17: Burglary, Los Robles, numerous items taken; Burglary, Los Ositos, rifle and VCR taken.

Mar. 18: Arco reported gas skip; Succulent Gardens reported theft; Alarm activated, Encina, cause unknown.

Mar. 19: Artist's Pallet reported potted geranium theft; Alarm activated, Paso Robles; Bike stolen from in front of Kasey's;

Mar. 20: Suicide victim found on El Caminito; CV Racquet Club entered, cash taken; Theft accomplice reported; Suspects picking up wood,

Scarlett Rd; Alarm activated, Sleepy Hollow.

Mar. 21: Crossroads Security reported open door at Merrill Lynch; Trespassers reported, Esquiline; Loud party reported, Meadows Rd.; Burglary items found, HBO box, credit cards, BB rifle, receipts.

Mar. 22: Thunderbird Book Shop reported forged check.

Mar. 23: Suspicious vehicle, Berta Ranch; Vandalized vehicle, Paso Honda; Patrol requested near Sleepy Hollow; Alarm activated Sleepy Hollow; Suicide threat.

Mar. 24: Armed intruder sexually assaulted two women, Laureles Grade, suspect arrested.

Mar. 25: Forger reported; Jewelry theft, Esquiline; Mostly For Men alarm activated.

Mar. 26: Plane and equipment trailer tires slashed, Village airport; Grapevine Deli alarm activated, no sign of entry.

Other calls included vague threats, lost keys, noises heard, fence cut, bad checks, urinating in public, domestic, opened mail, drunk drivers, dispursing overcrowded party, car walked on, strange noises, doorbell rang followed by rock throwing, loud party.

Fire/Ambulance Log Carmel Valley Village

Mar. 13: Medical Emergency (ME),

Mar. 14: ME, Carmel Valley Rd.

Mar. 15: Alarm activated, Encina, no merit; Auto accident, Rosie's Bridge, no injuries.

Mar. 18: ME, Village Dr.

Mar. 19: ME, Ford Rd.

Mar. 20: ME, Tularcitos School.

Mar. 21: Bonfire, Porter's Pool.

Mar. 22: ME, Miramonte; ME, Rancho Rd.; ME, Via Contenta; ME, CV Rd.

Mar. 23: ME, CV Rd.; ME, Pedras Blancas.

Mar. 24: Alarm activated, Miramonte, malfunction; ME, Laurel.

Mar. 26: ME, C.V. Inn.

Mid Carmel Valley

Mar. 24: Stove fire, Via Crotalo; Electrical fire, All Saints' School.

Mar. 17: Smoke investigation, electrical problem, Via Mariquita.

Mar. 19: River Rescue, no injuries, Carmel River near Schulte.

Mar. 21: Vehicle injury accident, CV Rd & Meadows Rd.; ME, Valley Greens Dr.

Crosswords PLUS

Words of Wisdom, by Arthur Schulman

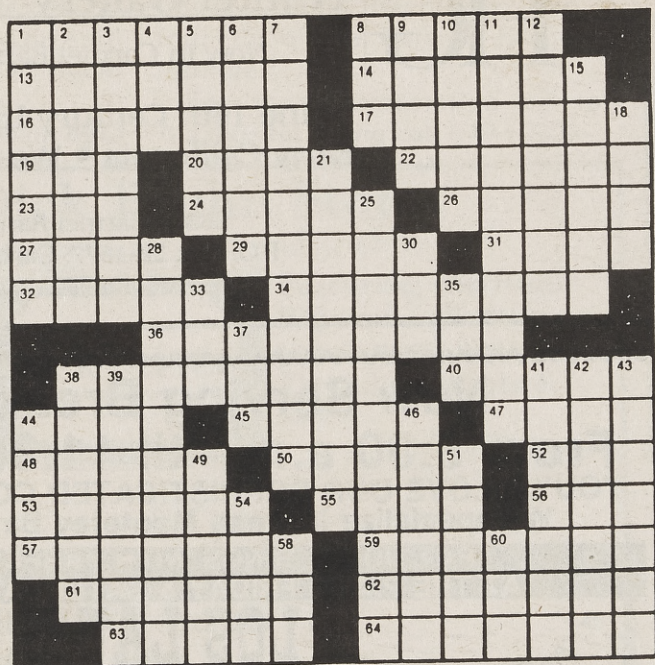
ACROSS

- 1 Czarist council
- 8 Son of Isis and Osiris
- 13 Native of Bari
- 14 Crows
- 16 Midas' realm
- 17 Half a decade
- 19 Aggregate of minerals
- 20 E.E., e.g.
- 22 Ancient Greek geographer
- 23 Make onerous
- 24 _____ novarum (1891 encyclical)
- 26 Rose
- 27 French verb form
- 29 Given a G
- 31 Unerring
- 32 "_____ Diva," Norma's aria
- 34 Roman site
- 36 Bright star
- 38 Flatter
- 40 Fritto _____ (mixed grill; Italian)
- 44 Shine
- 45 Duty
- 47 "_____ nome," Gilda's aria
- 48 Fissures
- 50 Mother of Isaac
- 52 U.S. Crossword Open site
- 53 First home
- 55 U.S. mint
- 56 Object of Schiller's ode
- 57 Dials
- 59 Committed treason
- 61 Sham
- 62 Port on the Istrian peninsula
- 63 Old auto
- 64 Neuter

See Answers
Page 7

DOWN

- 1 Mexican Indian
- 2 Amish country town
- 3 Trumpet shells
- 4 Arch
- 5 Cobb or Kaline
- 6 More unavailing
- 7 Of the evening primrose
- 8 Norse goddess
- 9 Asian river
- 10 Degenerates
- 11 Too high to hear
- 12 Level
- 15 Appendage of a sort
- 18 Yield to low spirits
- 21 They taste like turnips
- 25 They turn prose into verse
- 28 The bittersweet and its relatives
- 30 _____ es Salaam
- 33 Fashion model Carol
- 35 River to the Ouse
- 37 Brit. decoration
- 38 Dress for play
- 39 Scoring potential
- 41 City of song
- 42 Auditions
- 43 Eggs
- 44 Drier than sec
- 46 Bengali Nobelist
- 49 Dolphinlike mammals
- 51 Coil
- 54 Aspect
- 58 Roman goddess of night
- 60 Rep.



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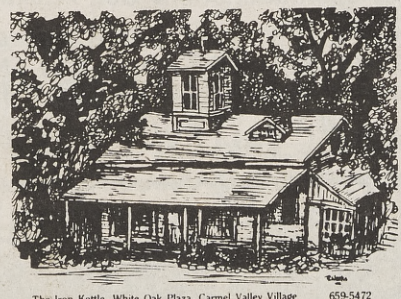
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VIDEO VIEWS

Courtesy of Valley Video
by Jim Greenan

Critically important in the business of renting video cassettes is the process of selecting and then buying movies. As an owner, what films do you buy? How often? Is this decision making important, I asked various video stores, is this part of the biz central to success?

Mostly, I got long looks from the owners at this question, a rolling of the eyes back in the head, as if I had asked if getting out of the rain made sense in a downpour. Taking a long pull on my meerschaum in an undoubtedly futile attempt to regain some credibility, why, I would ask, is this so difficult? After all, with all the promotional material available, all the help from distributors who sell you the cassettes, it would seem you would have all kinds of good advice to guide you.

Take it from the top, I was advised. Take a big picture, a block-buster. You would think that this biggie—a *Beverly Hills Cop*, for example—could pose no problem, you know you have to have it, know that it will be exceedingly popular and will rent. All true. But here comes the catch, the part that almost requires a Ouija board: how many cassettes of this film do you buy? If you buy only one or two and your customer demand is big, your faithful customers will get tired, bored and maybe angry waiting for it to be available and go to the competition for a copy. If you buy too many, you run through the two or three months that the movie is hot and then sit there with ten copies on your shelves, having the pleasure of watching cobwebs form on nine of them.

This decision making on numbers doesn't happen occasionally, it is a near daily process.

Here is another little problem. Take *Def-Con 4*, a movie seemingly well timed, all about astronauts and space stuff and connected to the endless-ominous, Soviet-American nuke disaster that threatens all of us. You don't get to see it prior to ordering, as

store owners have movies playing all day long and rarely take a busman's holiday and go out to see a film in a theatre. You may have seen a promotional cassette sent out to interest you, but these promos just give you bits and pieces of the best of the film in a couple of minutes and give you no real sense of the quality. So you buy good old *Def-Con 4* and once you open the casing, it's yours, you own it. Guess what? *Def-Con 4* is a total turkey. It has about ten minutes of space adventure that is mildly interesting and then it segues to grossness, to survival after the bomb with bad taste in every department clearly winning the day. You win with *Mad Max*, a good movie and an easy decision, but you can lose with *Def-Con* and a whole raft of similar spin-offs.

But wait, what about the distributors with 800 numbers that will advise and counsel you? What's wrong with listening to them? Nothing, really, but remember that they are in the business of selling to you, and anyway, they have little more chance of seeing all the movies they sell than you do. You talk to Joe, a good guy who has your interests at heart. Joe deals with store owners all over the coast and when he says *Seven Beauties*, a very good movie—an art film, he is sincere and right. The only problem is his thinking is based on the reaction in Berkeley, where the intellectuals and University mind-set make it a block-buster. Joe really doesn't know the Carmel Valley. There may be a whole bunch of egg-heads lurking here, but ask yourself how many chess sets you see in the Running Iron, how many string quartets you can listen to at Los Laureles Lodge?

There are other things to consider. In the summer, stock up on teen movies, *Fast Times at Ridgemont High*, Cheech and Chong, lots of horror films. Don't ask yourself why, just do it. It's so easy to get fooled. *Amadeus*, the story of Mozart with a terrific

Library To Host Classic Dickens Film

John Mills, Finlay Currie, Jean Simmons and Alec Guinness will be featured in The Dickens' classic *Great Expectations*, to be shown at the Carmel Valley Library on Friday, April 4 at 7:30 p.m., sharp.

Great Expectations, which is directed

by David Lean, is being sponsored by the friends of the Carmel Valley Library. Admission is \$2 adults, \$1 children.

The Library is located at 65 W. Carmel Valley Road. For more information call 659-2377.

Bay Symphony Concert Will Feature Norma Jean Hodges

The fifth concert series of the Monterey County Bay Symphony Association will featuring soprano, Norma Jean Hodges. The concert program includes Haydn's *Symphony No. 104* ("London") and Mahler's *Symphony No. 4*.

The concert begins at 8 p.m., Friday, April 4, at the Sunset Center, Carmel. Concerts will also be held April 5 in Salinas and April 6 in Monterey. Admission is \$10.

For more information call 372-6276.

Chamber Music Society Will Present Concert

The Chamber Music Society will present the New York Philomusica on Saturday, April 12 at 8 p.m. at the Sunset Center Theater in Carmel.

This concert features nine strings

and winds in a "movable feast with never a dull moment."

Admission is \$8. For more information call 372-5981.

Oakland Ballet To Be Featured At Sunset Center

The Sunset Center will present the Oakland Ballet on April 15. They will perform Debussy's *Afternoon of a Faun*, Ravel's *Bolero* and Ronn Giudi, the artistic director's *Gallop* and

Kisses.

The performance begins at 8 p.m.

For more information or reservations, call 624-3996.

amount of opera in the Carmel Valley? You bet! All it did in Valley video stores was become a huge success, pure gold, and that was true in most other places.

Well, you talk to Joe, work your Ouija board, read the promotional flack,

look musingly out the window and you pay your money and take your chances. Why, you ask yourself upon waking up at three in the morning, don't I have a grocery store? Why? Because peas and asparagus are boring.

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Park Board Will Meet April 9

The regular meeting of the Board of Directors of the Carmel Valley Recreation and Park District will be held at 7 p.m., April 9, at the Activity House, 25 Ford Rd. the meeting is open to the public. Records for the district will be available one hour prior to the meeting.

Having recently completed their organizational duties, the Directors are now concentrating on allocating the funds provided through the benefit assessment approved by voters last August. Recently the Board approved two project proposals: additional funds needed to complete the outdoor

restrooms at the Community Center and the purchase of a heavy duty lawn mower for the park grounds.

The Board has also formed an advisory committee for long range planning and project proposals. The committee is open to individuals, groups or organizations interested in park and recreation projects.

Those interested in joining the committee or interested in presenting a project proposal to the Board may write to: Carmel Valley Recreation and Park District, P.O. Box 334, Carmel Valley, CA 93924.

School Board Meeting Announced

The next regular meeting of the Carmel Unified School District Board of Trustees will be held April 15 at 5 p.m. at Carmel Middle School. The meeting is open to the public.

At the March 11 meeting of the Board, the *Carmel Unified School District News and Notes of Happenings* reported that Carmel High has been nominated as a Distinguished High School, also that Carmel High students who competed in the Monterey County Speech and Drama Festival did well, receiving all the top awards.

Reports in the *Happenings* on the March 18 board meeting stated that positive comments have been received from many parents on the change in direction of the Middle School. Also during the meeting, Gene Erner of Porter Marquard Realty told the Board that now would be a good time to market unused school sites because interest rates are down and the Carmel Valley Master Plan is about to be in place. The principal search for Carmel High was discussed and time line adopted.

April Alliance On Aging Meetings Offer A Variety Of Topics

Topics for the April meetings of the Alliance on Aging will be as varied as ever. The Alliance meet at 11:30 a.m. every Friday at the Pacific Grove Community Center. Lunch follows the program.

Scheduled for April 4 is "Beauty and Church Windows," presented by retired minister, Dr. Winston Trevor. The program includes a slide presentation

The Peninsula Players, directed by Nick Zanides, will be featured on April 11. Their program will be a "Radio Show of the 40's."

Nature will take the podium on April

18 when "The Grey Whale and Its Natural History" is presented. The program features Alan Baldrige, Librarian and Assistant Director of the Hopkins Marine Center, a slide show is included.

The last meeting for the month, April 25, will feature "Behind the Iron Curtain: East Berlin, Checkoslovakia and Russia." This slide show is part one of a two part series presented by traveler Alfred Beerbaum, who is formerly of the Defense Language Institute.

For more information on the Alliance on Aging call 649-1222.

Answer To Crosswords PLUS

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A	P	U	L	I	A	N		E	X	U	L	T
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T	U	N	E	S	I	N		S	O	L	D	O
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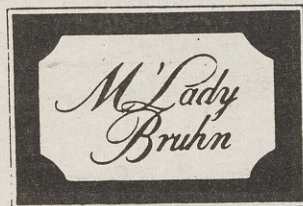
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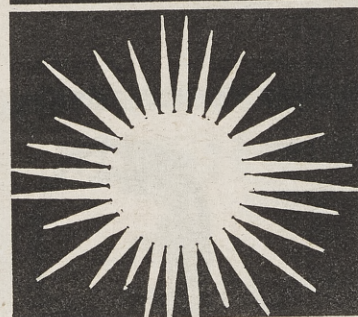
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EYE-deas

by Drs. Irving and Kim Hartford

Smoke In Your Eyes

Vision is one of man's most precious possessions and should be protected. But, smoking tobacco introduces foreign materials into the body's natural balance and can affect vision. Night vision can be impaired and tobacco smoke can be irritating to the eyelids. With each cigarette smoked, the potential danger exists that the eyes will not continue their normal efficient operation.

Recent health care research has shown that because of the harmful gasses present in cigarette smoke, excessive smoking might produce limitation on total visual ability. An example is the sharp vision needed to operate a motor vehicle at night. And,

of course, there is eye irritation and discomfort that can occur when smoke from a burning tobacco product accidentally drifts directly into a person's eyes. This is particularly true if the person is a non-smoker or is afflicted with allergies.

The following are some of the specific visual problems that are often associated with smoking.

Limitation on night vision. Nicotine and carbon monoxide, two of the most harmful ingredients in cigarette smoke, can reduce a smoker's vision at night. In some individuals, nicotine may cause blood vessels in the eyes to become smaller and this reduces the oxygen supply. Carbon monoxide

reduces the blood's ability to combine with and carry needed oxygen, and this lack of oxygen can interfere with the eye's ability to adapt from dark to light.

Tobacco amblyopia. This disorder, although very rare, leads to a loss of visual sharpness and color perception. Tobacco amblyopia, often due to a combination of smoking, alcohol abuse and poor diet, has been seen to improve when the person quits smoking.

Reduction in size of the total visual field. Other studies have shown that some smokers tend to have a narrow field of vision. This disorder causes a reduction of the image which the eye sees and sends to the brain. Of particular importance to drivers, smoking can also impair peripheral or "side" vision. The lack of oxygen seems to diminish the eye's normally excellent

sensitivity to side movements, such as autos approaching from behind on a freeway.

Blindness as a result of stroke. In addition to paralysis, certain kinds of strokes also cause blindness, which can be permanent. Cigarette smoking is associated with the condition (called cerebral arteriosclerosis) that leads to such strokes.

External eye irritation. The 1972 Surgeon General's report pays particular attention to studies of the effect of tobacco smoke on non-smokers and looks at both allergic and non-allergic categories. By far the major complaint of people in both categories (about 70 percent) was eye irritation. Of course, smokers who occasionally get uninhaled smoke in their eyes, and also contact lens wearers, are very aware of how irritating tobacco smoke can be to their eyes.

Cancer Awareness Week Begins April 7

What you eat—and what you *don't* eat—could play a significant role in whether or not you get cancer in your lifetime. That's the message of the American Cancer Society as it launches its 5th Annual Cancer Awareness Week, April 7-13.

During Cancer Awareness Week the Society will introduce a new concept in health education called "Recipes for Living," which describes easy-to-remember ways in which people can help prevent cancer and detect it early, in its most curable form.

Each "recipe" will feature the ingredients for one of five of the most preventable and treatable cancers. They include tobacco and cancer, breast cancer, nutrition and cancer, colorectal cancer and skin cancer.

"The role of diet in cancer cause and prevention may be significant because the causes of more than half of all cancer deaths in the U.S. are unknown," says Kay Covert, R.D., Cancer Awareness Chairperson of the Monterey-San Benito Unit of the American Cancer Society.

Although no concrete dietary advice can be given that will guarantee prevention of any specific human cancer, the ACS believes that what we eat may strongly contribute to whether or not we get cancer.

"During Cancer Awareness Week," says Mrs. Covert, "we're encouraging people to take a hard look at their dietary patterns and make changes that will lead to better overall health

and reduced cancer risks." The two major dietary changes recommended are a reduction in fat and an increase in fiber in the diet.

For people who are obese, the guidelines suggest, weight reduction may help lower cancer risk. There is a markedly increased incidence of cancers of the uterus, gallbladder, kidney, stomach, colon and breast associated with obesity, particularly for men and women who are 40 percent or more overweight.

"Reducing the intake of saturated and unsaturated fats from both plant and animal sources may not only reduce chances of getting cancers of the breast, colon or prostate," says Mrs. Covert, "but it is also an effective way to reduce daily calories consumption. We also suggest eating more high-fiber foods, such as fruits, vegetables and whole grain cereals."

The ACS further recommends that foods rich in vitamins A and C—such as dark green and deep yellow vegetables and certain fruits (cantaloupes, apricots and peaches) that are rich in carotene, a form of vitamin A—be included in their diets. Vegetables such as cabbage, cauliflower, broccoli, brussel sprouts and kohlrabi may also reduce cancer risk, particularly of the gastrointestinal and respiratory tracts.

"Finally," adds Mrs. Covert, "the ACS recommends moderate consumption of alcohol to reduce the risk

for cancer of the mouth, larynx and esophagus. Everyone should eat moderately, as well, of salt-cured, smoked and nitrite-cured foods such as hot dogs, bologna and bacon. These foods may increase the risk of cancers of the stomach and esophagus."

For a leaflet on "Recipes for Living" or information on any of these cancer sites, contact the Monterey-San Benito Unit of the ACS at 422-2992.

CHOMP To Offer Stress Class

Feel like you're caught on a treadmill? Do the molehills of life quickly become mountains?

Community Hospital will offer a stress management class to teach relaxation, time management and assertiveness skills. The class will meet for four weeks, beginning at 7 p.m. Thursday, April 10 in Classroom III.

The fee is \$35, and pre-registration is required. Please call 624-5311, extension 1018 for information and sign up.

Visualization Seminar Planned

The California Women's Commission on Alcohol will present "Expanded Visions," a seminar with Nancy Giuliani, on April 12 from 10 a.m. to 4 p.m. at the Community Church of the Monterey Peninsula, Carmel Valley Road.

Ms. Giuliani works with businesses, churches, professional groups, and civic organizations teaching people how to achieve their inherent greatness and success through visualization.

Enrollment deadline for the seminar is April 9. For more information call Bernice Garretson, 624-9503.



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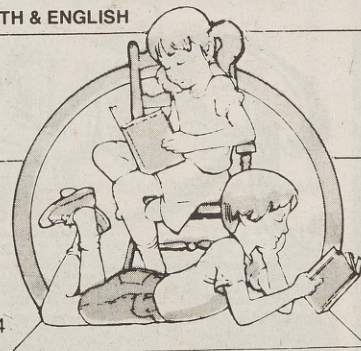
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MONEY TALK

By Gerry Lukenas, Financial Consultant
Courtesy of Shearson-Lehman Brothers

This article on personal investing by Gerry Lukenas is the first in a series of columns that will appear regularly under her by-line. A financial consultant with Shearson-Lehman Brothers, the financial division of American Express, Mrs. Lukenas has worked in Carmel for the past two years. She also has eight years experience as a real estate investment counselor specializing in properties on

the Monterey Peninsula and 1031 exchanges. A frequent guest lecturer on investment opportunities for women, Mrs. Lukenas also conducts seminars on Personal Financial Management. In semi-regular Public Affairs program appearances for KMST television in Monterey, she discusses a wide-range of investment issues, including retirement accounts and pension plans.

The Advantages of Professional Money Management

Many of you may be wondering just what a financial consultant is. My definition—and one held by my professional colleagues—is that a financial consultant is a person who is expert at listening and learning to know a client's financial problems, concerns and needs. A financial consultant informs and educates a client about money and its management before providing financial advice and recommending services tailored to the client's specific requests and goals. Then and only then does a financial consultant carry out a client's decision on how to invest his or her money.

Those decisions about how to invest money wisely may be particularly difficult for individual investors to make given the volatile atmosphere of today's stock and bond markets. Not only does the investor have to make sure the investment is sound, but he or she also has to guard against the erosion of capital that can be caused by inflation, as well as ensure growth of assets in all economic environments.

Given these challenges, it is relatively easy for investors who manage their own portfolios to make any one of a number or investment errors. These include: Failing to establish clear objectives for the investments you make; Not understanding how money should work to help you reach your goals; Buying too much or too little of a particular stock relative to the total amount of money you are investing in your portfolio; Taking profits too soon or too late; Disregarding the effects of investment decisions; Being unaware of alternative investment you could make.

If any of the above pertain to your investment experiences, you may want to consider turning over some or all of your investment funds to professional money managers.

Probably the easiest and most affordable way to get professional expertise is to invest in mutual funds or unit trusts in which many individuals have pooled their financial resources under a consultant's management. Purchasing "managed products" like these would allow you to buy a diversified portfolio you could not afford by yourself.

Meanwhile, because both mutual funds and unit trusts are "highly liquid" investments, you can always easily sell your fund shares at their current market value whenever you decide you no longer choose to make

that particular investment.

But first, you need to realize the differences between mutual funds and unit trusts.

Mutual funds are "actively" managed. This means that the stocks or bonds that make up the fund are bought and sold regularly, according to the judgement of the consultant managing the fund account.

Also, different types of funds are designed to meet varying investment objectives, such as the desire for long-term growth or income. It will depend on these objectives as to whether or not the investment is done primarily in stocks, in bonds or in money market instruments like CDs and treasury bills.

A minimum investment of \$1,000 (sometimes less) is usually needed to participate in a mutual fund. Subsequent investments can be made for as little as \$100.

Unit trusts are "passively managed." This means that once the portfolio "mix" has been determined (usually from a selection of government bonds, corporate bonds, municipal bonds or equities), nothing is bought and nothing is sold. About 65 percent of all unit trusts are invested chiefly in municipal bonds, since income from them is not subject to federal income tax. Unit trusts are typically sold in increments of \$1,000.

An investor with an account of \$50,000 or more should consider having his or her portfolio handled as an individual account. A key advantage to this money management method is the daily attention an individual portfolio receives, including such activities as buying/selling securities.

Sometimes commissions will not be charged on these accounts in lieu of an annual fee (such as three percent). The fee is a tax deductible item, while commissions are not, providing the advantage of a tax write-off.

Turning the management of your money over to a financial consultant does not mean giving away the right to make the decisions about how your money should be invested. It does mean you will gain the advantage of having the best possible advice and help in making the decision, based on your assets, objectives and style of investing.

Should you have any questions regarding investing contact me at my office at 100 Clock Tower Place, Suite 120 or call 625-3460.

St. Dunstan's Church Plans Super Special Rummage Sale

Save Saturday, April 5 for the Annual Super Special Rummage Sale of St. Dunstan's Episcopal Church. It will be held from 9 a.m. to 1:30 p.m. in the Parish Hall on Robinson Canyon Road. A variety of items will be featured for

sale, including clothes, household items, furniture and many other treasures. Snacks will also be available.

For more information call 624-6646.

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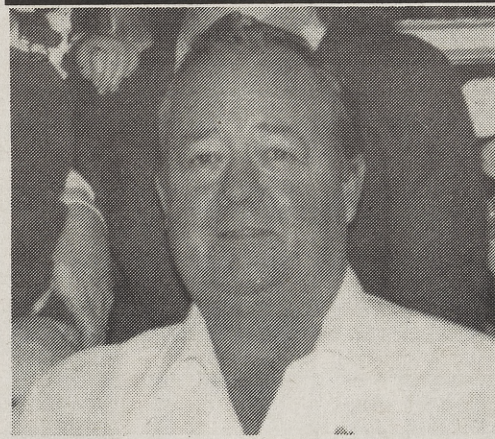
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Almost all of Carmel Valley is on septic systems. Residences, here, do not have public sewer systems as of yet. This will probably not materialize for some years. You'll be happy to know, however, that there are things a homeowner can do to prolong the life of the system.

Let's start with what a septic system is. It is a private, often individual, waste disposal. It has a septic tank which is where the solids accumulate. From the tank, the fluids go into the drainfield or seepage pits.

The current, average single family septic tank is 1,000 to 1,500 gallons in size. Most of them are concrete. There are a few fiberglass tanks, but they are usually placed where a concrete tank can not go. Fiberglass tanks, however, can not be driven over. Some of the older systems have redwood tanks, but they eventually rot and require replacing.

The drainfield is a series of trenches filled with drain rock which allow the liquid to percolate into the ground. Drainfields are from 1,000 square feet to 5,000 square feet or more in size—depending on which subbasin you are located in.

The specific tank should be inspected about every five years to see if it needs pumping. The time between pumping varies depending on use and maintenance. Solids are broken down in the tank by bacterial action. If you use heavy bleach or disinfectants, it is advisable to add enzymes or even ordinary bread yeast to the system to keep the action working. If the septic tank is not pumped and overfills, allowing solids to move and pack into the drainfield; then, the drainfield could also require replacement.

What can you do to prolong the life of your septic system? Keep all valves and toilets properly maintained. One runny toilet could add over 1,000 gallons of unneeded water to a system within 24 hours. If your household requires doing five loads of laundry, why not spread it out over a few days to allow for percolation time?

So, country cousins, keep in mind that one flush of the toilet does not mean that it's "gone forever". It's up to all of us to understand the process involved so that we can responsibly maintain our septic systems for ourselves and for others.

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Middle School students visiting Spain include (front to back) Willie Moore, Meeghan Rowley, Tiffani Meheen, Linnea Estes, Addison Lent; Second row: Sarah Kaufman, Sara Wise, Leilani Seltzer, Tiffany Falahati, Amy Gray, Vanessa Gulla, Sara Shabram; Third row: Loren Moore, David Palshaw, Sean O'Rourke, Ethan Biblartz, Ian Bobay and Tillio Olcese. Missing is Desiree Castro.

Chapel Guild Luncheon Scheduled

The Carmel Valley Chapel Guild will hold their regular monthly meeting at 12:30 p.m., April 9 at the Chapel Fellowship Hall on Village Drive.

The speaker will be Henry Littlefield from York School.

Plans include a dessert luncheon with Helen Keene, Carol Baudouin and Ruth Wade as hostesses.

For more information call the Chapel at 659-2278.

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Off To Spain

Twenty of our Middle School students are now attending school in Barcelona Spain. The students who will spend two weeks in the country staying with families there are part of an exchange program organized by Superintendent of Schools Dr. Robert Infelise.

The exchange program said Dr. Infelise, "represents a commitment on our part to provide youngsters with a knowledge of our global society."

The students are attending a U.S. based school in Barcelona where Dr. Infelise served as a consultant prior to his position with the Carmel Unified School District. Usually such an exchange is with staff but, "I decided to

do it with students," said Dr. Infelise. "I hope to have staff as well as administration (exchange) eventually," he added.

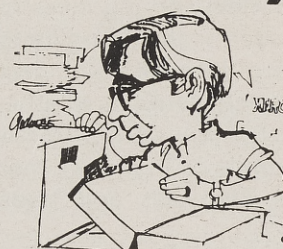
To raise funds for the trip the students organized a sports swap and food sale. Money earned at the fundraiser was distributed against the student's cost according to the number of hours s/he worked on the project.

Laden with baseballs, mitts and bats, the students plan to teach their Barcelona host families how to play baseball.

Chaperoning the students are Donna Alonzo, Senor Walden and Doc Brazell.

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Tularcitos Fundraiser Is Shaping Up

Tularcitos school is having a fundraiser that's shaping up. Literally! It's a Jazzercise workout scheduled for April 17 at 6:30 p.m. in the multi-purpose room at the school.

Along with a healthy workout, there will be a special performance by the fifth grade students. Raffle tickets for door prizes will also be available.

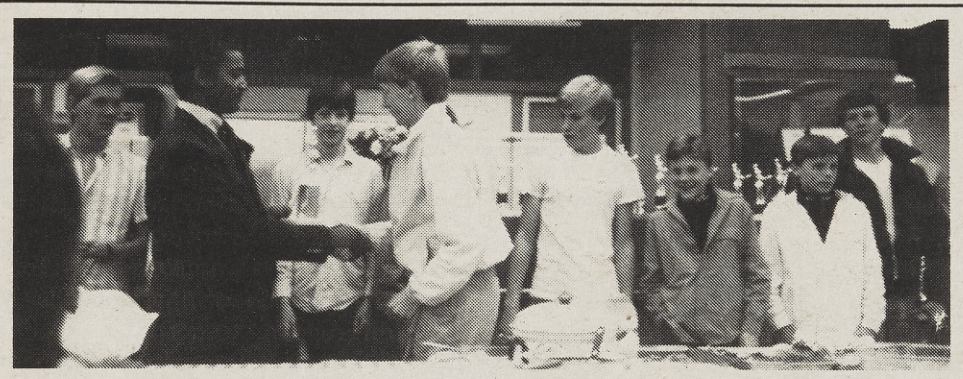
The one-hour class is open to all ages and sexes. Comfortable clothing and mats are recommended. Leading the workout will be Sherry Cosseboom.

A \$3 donation is requested. Pro-

ceeds will help send the fifth grade class to a week-long science camp in the Santa Cruz Mountains. Scheduled for the end of May, the camp teaches the students conservation, safety and health. Through outings like beach trips and night hikes they learn about plants, animals, the weather and stars.

The fundraiser is to subsidize the cost of the camp so all students are able to attend. Sponsors are also welcome.

For more information call 659-3290 or Tularcitos School at 659-2276.



David Elsberry accepts his trophy from basketball coach, Mickey Wardell at the Awards Banquet held March 4. Also pictured are (l to r) Tom Hawkins, Venno Weiner, Brandy Lierman, Ric Prieto, Chris Prieto and Seth Hankison.

Basketball Players Honored At Middle School Banquet

Parents and players applauded coaches and team members at the March 4 Potluck Supper and Awards Banquet held to wind up the Middle School basketball season. Trophies and awards were presented before a crowd of 200 students, parents and faculty.

In girls basketball the Most Valuable Player for the seventh grade was Jenny Dyer. Other award winners were: High Point Scorer—Missy Cardoza, Most Improved—Pam Rice, and Most Inspirational—Denise Nishiguchi. Team Captains recognized were Suzanne Baker and Gorelana Markovic. Also on the team were Alana Brown, Ali Daniels, Kate Daniels, Nelia Moraga, Gesa Reimnitz, Christa Silver, Carey Spaulding, Tiffany Tilney, Stephanie Travaille, and Kristie Zook. Their coach was Fran Swank.

Most Valuable Player for the eighth grade girls was Larissa Moore. Other award winners were: High Scorer—Katie Mayers, Most Improved—Annabelle Webb, Most Inspirational—Alyssa Dunn. Team Captains were Vicki Harrison and Sara Kessler. Also on the team were Amanda Boal, Krista Gustaveson, Shannon Rowley, Stefi Schatz, Leslie Sincoff, and Emily Rubin. Coaching the team this year was Gigi Galang.

On the boys seventh grade basketball team Matt Ackely was honored as Most Valuable Player. Other award winners were: Most Improved, Andy Rotharmel and Most Inspirational—Derek Moulaison. Team Captains were Bryan Langley and Tony Spagna. Also on the team were George Zarate, Steve Watts, Mario Cunha, Grant Heinrich, Mark Fanderl and Mike Herro.

COMMUNITY CENTER REPORT

by Louise Riddell-Kaufman

The Carmel Valley Community Youth Center breathes a sigh of relief. We have finally been offered a bid on insurance. Unfortunately the cost is 600 percent above last year's, but at least it is not 1,000 percent above. The Youth Center will stay open and will continue to offer recreational activities to the community.

We wish to thank all those who expressed their concern during our time of crisis. It is always nice to hear that people care.

A 600 percent increase is so unexpected and so dramatic that we could not possibly have budgeted for it. We are turning to the community for support. We need your financial help now more than ever.

One form of assistance is to become a member of the Carmel Valley Community Youth Center. This will give you reduced fees at the pool this summer as well as in renting our facilities. If you wish to become a member, please send in your contribution of \$10, \$15, \$25 or more to: CVCYC, P.O. Box 124, Carmel Valley, CA 93924. Please include your name, mailing address, and home and business phone.

Coaching the seventh grade boys was Micky Wardell.

Most Valuable Player for the eighth grade boys was David Elsberry. Also honored were Devon Meheen—Most Improved and David Cordell—Most Inspirational. Team Captains were Chris Prieto and Seth Hankison. Others on the team were Mini Plata, Abe Stalcup, Alex Spencer, Tom Hawkins, Rick Prieto, Brandy Lierman, Augie Acuna, Scott Smith, Robbie Takigawa, Braulio DeAnda, Brody Womer and Venno Weiner. Mickey Wardell served as coach.

Another way to help out is with our Monte Carlo Night on Saturday, May 3. We are continuing to solicit donations for table sponsors and prize donors. If you would like to give and have your business publically recognized, please call 659-3983 any weekday morning. Whether or not you become one of our sponsors, we hope you will join us at Hidden Valley on May 3 to try your luck during an evening of great fun!

I would also like to let the community know that our summer programs are rapidly forming. Plans for the pool include extended hours, an aqua-aerobics class and management by the YMCA as the school district is no longer able to perform this service. The summer day camp will be expanded this summer with specialty instructors in hobbies, drama, dance and tennis becoming integrated into our regular program. We are also planning before and after camp care as part of our program.

We encourage the community to join us in any or all of these activities. Supporting the Youth Center is a reciprocal bond, for you will receive something in return.

Parenting Skills Workshop

A series of six evening workshops on parenting skills will be presented at Tularcitos School beginning April 22. The workshop is open to all Tularcitos parents. Meetings will Tuesdays from 7 to 9 p.m. For more information call 659-2276.

Parents Club Will Meet April 9

The Tularcitos Parent Club will meet April 9 at 7 p.m. in the Tularcitos library. New officers are needed for the 1986-87 school year and interested parents are urged to attend. Discussion will also include upcoming fund raisers for the school and the Open-House-Potluck scheduled for April 15.

Judi Sheppard Missett's
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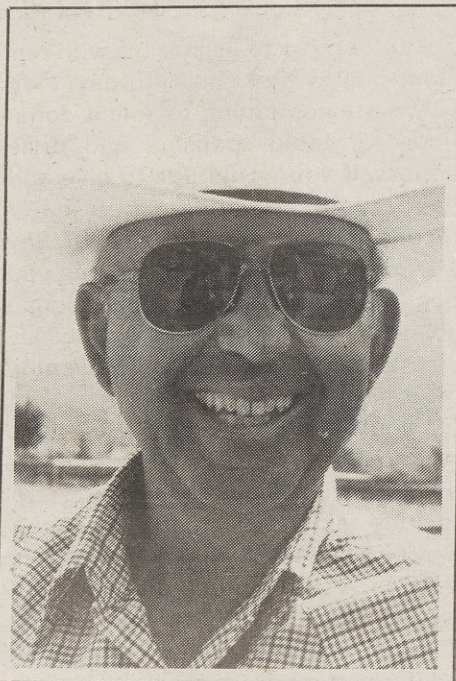
The In & Outdoor Shop

9:30-5:30 Mon.-Sat., Closed Sun.
White Oak Plaza, Carmel Valley Village
659-2832

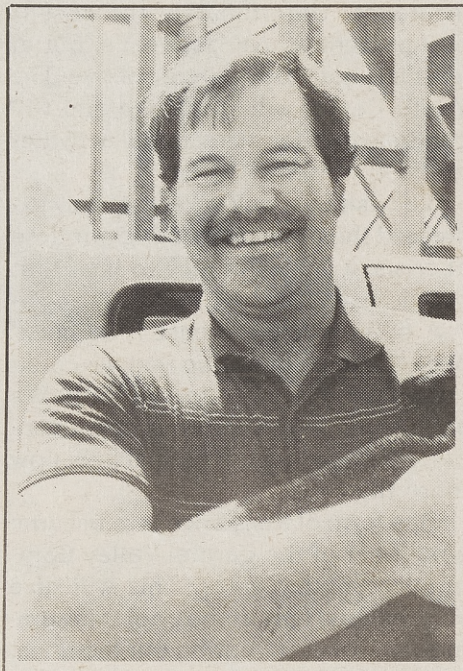
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VALLEY VOICES

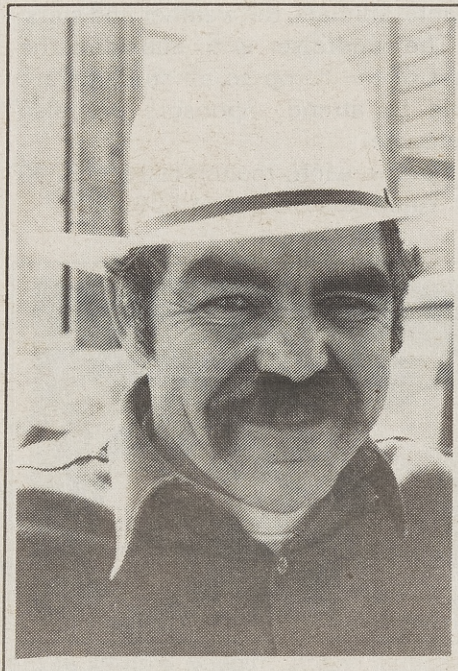
Photos by Debi Effron.



Bob Wilson
"Just life alone makes me happy."



Rod Kenyon
"My wife."



Tony Ferrasci
"Being alive with my wife and son."



Jean Burns Woods
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COMMERCIAL RENTALS

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Professional father & son need housing; rental/trade/caretaking. Have 2 dogs, 2 horses; Prefer rural/ranch situation; flexible. Call c/o Debi Effron 659-2800; ask for Dan Derr. DESPERATELY SEEKING SITTER in my home evenings. Own transportation desirable. References. 659-5525 Please leave message.

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Beginning/Review Apr. 7 or

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Monterey Institute of Touch, 884 Carmel Valley Rd. 624-1006.

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